



# Adult swimming lessons

It's never too late to learn to swim!



We offer a range of adult lessons designed for varying abilities. From lessons for the complete beginner who lacks water confidence, to lessons for competent swimmers who want to improve their technique.

**Dronfield Sports Centre:**

Tuesdays 10am - 11am, Thursdays 6.30pm - 7pm

**Eckington Swimming Pool and Fitness Centre:**

Wednesdays 6.15pm - 7pm

**Sharley Park Leisure Centre:**

Wednesdays 10.30am - 11.30am

Sundays 7pm - 7.45pm and 7.45pm - 8.30pm



Find out more or enrol at [www.ne-derbyshire.gov.uk](http://www.ne-derbyshire.gov.uk) or call a member of the team.

DRONFIELD SPORTS CENTRE Tel: 01246 217217

ECKINGTON SWIMMING POOL AND FITNESS CENTRE Tel: 01246 217481

SHARLEY PARK LEISURE CENTRE Tel: 01246 217277



North East  
Derbyshire  
District Council

