



Dronfield Sports Centre

Main Pool Swimming Timetable

	7.00am	7.15am	7.30am	7.45am	8.00am	8.15am	8.30am	8.45am	9.00am	9.15am	9.30am	9.45am	10.00am	10.15am	10.30am	10.45am	11.00am	11.15am	11.30am	11.45am	12.00noon	12.15pm	12.30pm	12.45pm	1.00pm	1.15pm	1.30pm	1.45pm	2.00pm	2.15pm	2.30pm	2.45pm	3.00pm	3.15pm	3.30pm	3.45pm	4.00pm	4.15pm	4.30pm	4.45pm	5.00pm	5.15pm	5.30pm	5.45pm	6.00pm	6.15pm	6.30pm	6.45pm	7.00pm	7.15pm	7.30pm	7.45pm	8.00pm	8.15pm	8.30pm	8.45pm	9.00pm	9.15pm	9.30pm
<i>Monday</i>	Lane Swimming	General & School Swimming												Lane Swimming	General & School Swimming									Lessons						Swimming Club Pool Closed						Closed																							
	Early Morning Swimming													General Swimming										General Swimming																																			
<i>Tuesday</i>	Lane Swimming	Adult Lessons												Lane Swimming			Women Only						Lessons						Lane Swimming	Swimming Club Pool Closed						Closed																							
	Early Morning Swimming													General Swimming									General Swimming																																				
<i>Wednesday</i>	Lane Swimming	Staff Training Pool Closed			Aquacise (Shallow End)			Deep End Only			Cardio Club Swimming			Lane Swimming			General Swimming												Lessons			Women Only			Swimming Club (2 Lanes)			Adults Only			Closed																		
	Early Morning Swimming																																																										
<i>Thursday</i>	Lane Swimming	General & School Swimming												Lane Swimming			General Swimming												Lessons			Swimming Club Pool Closed			Adults Only			Closed																					
	Early Morning Swimming																																																										
<i>Friday</i>	Lane Swimming	General & School Swimming												Lane Swimming			General & School Swimming						General Swimming						Lessons			Swimming Club Pool Closed						Closed																					
	Early Morning Swimming													General Swimming									General Swimming																																				
<i>Saturday</i>	Swimming Club Pool Closed			Lane Swimming			Lessons						Family Swimming						Pool Closed	Aquafun			Pool Closed	Swimming Club Pool Closed			Closed						Closed																										
				Early Morning Swimming																																																							
<i>Sunday</i>	Closed			Family Swimming																		Lane Swimming			Swimming Club Pool Closed						Closed						Closed																						

Small Pool Swimming Timetable

	7:00am	7:15am	7:30am	7:45am	8:00am	8:15am	8:30am	8:45am	9:00am	9:15am	9:30am	9:45am	10:00am	10:15am	10:30am	10:45am	11:00am	11:15am	11:30am	11:45am	12:00noon	12:15pm	12:30pm	12:45pm	1:00pm	1:15pm	1:30pm	1:45pm	2:00pm	2:15pm	2:30pm	2:45pm	3:00pm	3:15pm	3:30pm	3:45pm	4:00pm	4:15pm	4:30pm	4:45pm	5:00pm	5:15pm	5:30pm	5:45pm	6:00pm	6:15pm	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm
Monday	General Swimming				General & School Swimming								Parent & Toddler				General & School Swimming								Lessons				Swimming Club Pool Closed				Closed																										
Tuesday	General Swimming												Otter Lessons				General Swimming				Lessons				General Swimming		Swimming Club Pool Closed				Closed																												
Wednesday	General Swimming				Pool closed Staff Training				General Swimming								Otter Lessons				General Swimming				Lessons				Women Only		Adults Only		Closed																										
Thursday	General Swimming				Otter Pups Lessons								General Swimming								Lessons				Swimming Club Pool Closed		Closed		Closed																														
Friday	General Swimming				General & School Swimming								Parent & Toddler				General & School Swimming								Lessons				Swimming Club Pool Closed				Closed																										
Saturday	Closed				Lessons								Family Swimming								Pool Closed		Aquafun		Swimming Club Pool Closed				Closed				Closed																										
Sunday	Closed				Family Swimming																Swimming Club Pool Closed								Closed				Closed																										

We speak your language

Polish
Mówimy Twoim językiem

French
Nous parlons votre langue

Spanish
Hablamos su idioma


Slovak
Rozprávame Vaším jazykom

Chinese
我们会说你的语言

- General Swimming: Open session for all ages & abilities.
- Lane swimming: Sections of the pool will be laned for customers to swim lengths.
- Adults Only: Session for 16+ years of age.
- Women only: Session for women 16+ years of age.
- Aquacise: Water based low impact Aerobics (Shallow end only).
- Family Swimming: Family orientated swimming open to everyone.
- Lessons: Sections of the pool width ways or lanes allocated to lessons. Deep and shallow end.
- Aquafun: Wet & wild fun with the rafts and floats.

Splash Factor

- Calm session suitable for all
- Active session/fair amount of splashing
- Fun kids session lots of splashing



NOTE: Please be aware that during School Holidays the programme may change slightly for Kids activities, we advise you to contact us before attending to check the daily timetable.

If you require this publication in large print or another format please call us on 01246 231111